



London Borough
of Hounslow



Cycle
Experience

Children's Cycle Training

Bikeability Level 1 and 2

1.5 Day Holiday Course Lampton Park



This course develops children's handling and control of the bike, boosts confidence and refines skills at their own pace.

Riders will then be taken onto quiet roads and simple junctions, to develop rider's skills and confidence on road, preparing them for cycling on more complex, busier roads.

- Children must be able to cycle for this training.
- This training is suitable for children 9 years +.
- Bikes and helmets available to borrow upon request.



Call **0330 024 1783**
or book **www.cycleexperience.com**

Cycle Experience are an accredited Bikeability scheme provider and offer National Standard Levels 1, 2 and 3 cycle training.