

THREE WEEK MENU

SPRING/SUMMER 2022

Worple Primary School
April 2022 – March 2023

Only those dishes
marked in Red are
offered with a halal meat
choice.

All vegetarian and fish
dishes are suitable for
halal



OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1 MENU

25-Apr 16-May 06-Jun 27-Jun 18-Jul 08-Aug 29-Aug 19-Sep 10-Oct 31-Oct 21-Nov 12-Dec 02-Jan 23-Jan 13-Feb 06-Mar 27-Mar



MONDAY

TUESDAY


WEDNESDAY

THURSDAY


FRIDAY

Hot Main Dish

Sausages, Mash & Gravy
Not Halal
Pork & beef sausages in gravy
Halal
Chicken sausages in gravy




Macaroni Cheese 
Macaroni in a creamy cheese sauce

Roast Chicken with Roast Potatoes and Gravy
Halal & Not Halal
Roast chicken with roasties and gravy



Cheese & Tomato Pizza 
Deep base pizza with a cheese & tomato topping

Fish & Chips
Our traditional Friday favourite


Alternative Dish

Butternut Squash & Chickpea Curry & Rice   
Chunky vegetables in a mild curry sauce

Mild Bean Chilli & Rice   
Baked bean chilli and fluffy rice

Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy  
Chunky sweet potato and chickpea roast

Beef Pasta Bolognese 
A classic Italian beef bolognese in tomato sauce

Dippers and Chips 
Crispy Quorn nuggets

Jacket Potato

Jacket Potato with Salmon Mayo  

Jacket Potato with Veggie Bolognese 

Jacket Potato with Cheese 

Jacket Potato with Baked Beans  

Jacket Potato with Cheese  

Vegetables

Golden Sweetcorn or Salad

Rainbow Vegetables or Salad

Carrots and Cabbage

Garden Peas or Salad

Baked Beans or Salad

Desserts

Smooth Fruit Yoghurt

Apple, Orange & Melon Fruit Bowl 

Cranberry Shortbread Biscuit

Pear & Chocolate Sponge 

Jammy Jack Flapjack

SPRING/SUMMER 2022

Bread, Milk, Water & Fruit available every day
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's Choice

WEEK 2 MENU

02-May 23-May 13-Jun 04-Jul 25-Jul 15-Aug 05-Sep 26-Sep 17-Oct 07-Nov 28-Nov 19-Dec 09-Jan 30-Jan 20-Feb 13-Mar 03-Apr



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Chicken Korma & Rice Mild creamy korma sauce and fluffy rice	Cheese & Tomato Pizza Deep base pizza with a cheese & tomato topping	Roast Ham with Roast Potatoes and Gravy Not Halal Roast Chicken with Roast Potatoes and Gravy Halal	Classic Beef Burger Served with salad & diced potatoes Halal & Not Halal	Fish & Chips Our traditional Friday favourite
Alternative Dish	Quorn Sausage, Mash & Gravy Sausage in gravy with mash potato	Beef Pasta Bolognese A classic Italian beef bolognese in tomato sauce	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy Chunky sweet potato and chickpea roast	Mild Bean Chilli & Rice Baked bean chilli and fluffy rice	Cheese & Vegetable Frittata & Chips Oven baked omelette and chips
Jacket Potato	Jacket Potato With Cheese	Jacket Potato With Baked Beans	Jacket Potato With Tuna Mayo	Jacket Potato With Cheese	Jacket Potato With veggie bolognese
Vegetables	Garden Peas or Salad	Green Beans or Salad	Carrots and Cabbage	Golden Sweetcorn or Salad	Baked Beans or Salad
Desserts	Cranberry Shortbread Biscuit	Smooth Fruit Yoghurt	Pear & Chocolate Sponge	Apple, Orange & Melon Fruit Bowl	Muesli Flapjack

SPRING/SUMMER 2022

Bread, Milk, Water & Fruit & available every day
Ketchup served on Friday

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice

WEEK 3 MENU

09-May 30-May 20-Jun 11-Jul 01-Aug 22-Aug 12-Sep 03-Oct 24-Oct 14-Nov 05-Dec 26-Dec 16-Jan 06-Feb 27-Feb 20-Mar 10-Apr



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Main Dish	Macaroni Cheese Macaroni in a creamy cheese sauce	Sausages, Mash & Gravy Not Halal Pork & beef sausages in gravy Halal Chicken sausages in gravy	Roast Beef Roast Potatoes & Gravy Not Halal Roast Chicken Roast Potatoes and Gravy Halal	Cheese & Tomato Pizza Deep base pizza with a cheese & tomato topping	Fish & Chips Our traditional Friday favourite
Alternative Dish	Chicken Tikka Masala & Rice Mild tikka sauce and fluffy rice	Cheese & Tomato Pasta Creamy cheese & tomato sauce with pasta	Quorn Sausage with Roast Potatoes and Gravy Quorn Sausage in rich gravy with roasties	Butternut Squash & Chickpea Curry & Rice Chunky vegetables in a mild curry sauce	Veggie Burger & Chips Quorn Pattie in a bun with chips
Jacket Potato	Jacket Potato With Tuna Mayo	Jacket Potato With Baked Beans	Jacket Potato With Cheese	Jacket Potato With Veggie Bolognese	Jacket Potato With Cheese
Vegetables	Green Beans or Salad	Garden Peas or Salad	Carrots and Cabbage	Rainbow Vegetables or Salad	Baked Beans or Salad
Desserts	Jammy Jack Flapjack	Apple, Orange & Melon Fruit Bowl	Pineapple Sponge	Smooth Fruit Yoghurt	Muesli Flapjack

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 Ketchup served on Friday

Vegetarian Oily fish Wholegrain Fruity! Nutritionist's Choice